

## ED 669: MINDFUL, BIAS-AWARE & REFLECT TEACH

This course is an introduction to mindful, bias-aware, and reflective teaching. In this course, we will explore the principles of mindfulness and anti-bias teaching through reflective activities and assignments. We will examine ways to integrate mindful, bias-aware activities across the curriculum and in our daily experiences.

**Credits:** 3

**Department:** [Education](#)