

PSYC 213: BASICS OF APPLIED BEHAVIOR ANALYSIS

Procedures for treating a variety of problems, ranging from personal behavior problems to outright abnormal behavior, will be considered. Students will learn to design, conduct and evaluate programs for behavior change for themselves and others. Procedures for establishing desirable behaviors and eliminating or reducing undesirable behaviors, maladaptive anxiety, and other unwanted emotions will be considered. Of special interest to prospective parents and human service workers, including mental health workers, social workers, teachers and personnel workers.

Credits: 3

Department: [Psychology](#)