

PSYC 205: TECH OF COUNSELING & PSYCHOTHERAPY

An overview of current approaches to counseling and psychotherapy including psychodynamic, phenomenological, behavioral, cognitive, and feminist orientations, and family therapy and therapy with children. Ethical and multicultural issues pertaining to therapy are also considered. Of special interest to prospective human service workers, including mental health workers, social workers, teachers, and personnel workers. Offered Spring semester.

Credits: 3

Prerequisites:

PSYC 101 or PSYC 111.

Department: [Psychology](#)