

## HSCI 208: INTRODUCTION TO SPORTS MEDICINE

This course is designed to introduce students to the basic skills required for the field of athletic training. The course will teach introductory content and skills related to injury and illness prevention and management in a variety of active populations. Specific topics include preventing environmental injuries and illness, taping, and wrapping techniques, protective equipment, preparticipation physical examinations, preparing for emergencies in athletic settings, and concepts of basic athletic injury management. Students will engage in laboratory clinical scenarios and complete observational hours.

**Credits:** 3

**Prerequisites:**

HSCI 205 or BIOL 264 and BIOL 265

**Department:** [Health Sciences](#)