

DAN 145: FOUNDS TECHN I: AFRIC & LATN (P2)

Introduction to foundational techniques in African Dance as outlined by African Dance pioneers Katherine Dunham, Asadata Dafora, Alvin Ailey and Kariam Asante (Mfundalai technique) followed by an introduction to Latin dances and rhythms of Salsa, Rhumba, Meringue and Capoeira, just to name a few. Students will learn through dancing how the confluence of African and Latin dance traditions via colonization and the African Diaspora revolutionized dance in the 20th and 21st centuries. Ideal for those looking to enhance their dance skills in preparation for Praise Dance, Step Team and upper level dance courses.

Credits: 0.5

Department: [Dance](#)