

## EXSS 187: EXPERIENTIAL LEARNING IN COACHING I

This course provides students with the opportunity to gain practical experience in routine and basic procedures associated with coaching in athletic environments. Students will actively demonstrate fundamental or novice applications of their knowledge, skills, and abilities at their approved affiliate site under the supervision of MBU faculty and approved site supervisors. A minimum of 50 clock hours per credit hour is required. Enrollment is restricted to students with at least sophomore standing, requires students to maintain current CPR/AED/FA certification throughout the semester, and requires permission from the instructor. Students will consult with the course instructor to ensure all course requirements are met prior to enrollment.

**Credits:** 2

**Prerequisites:**

EXSS 220

EXSS 380

At least sophomore standing and permission of instructor.

**Department:** [Exercise Science](#)