

DAN 217: BALLET II (P2)

For the dancer with experience in beginning level technique in Ballet and Modern who is interested in deepening their experience with ballet. Particular attention will be focused on core strength, alignment, balance, extension and style. This course will incorporate more modern-ballet sensibilities as well as solidify more traditional principles of ballet technique.

Credits: 1

Prerequisites:

one year of ballet instruction after age 10, DAN/PHE 144, or permission of instructor.

Department: [Dance](#)