

## PTH 706: FOUNDATIONS OF CLINICAL EXERCISE

This course reviews key principles of exercise physiology as it pertains to various parameters of exercise. The student will examine physiological responses of apparently healthy individuals, as well as those individuals with disease and special needs, with a focus on exercise prescription. Foundational elements of therapeutic exercise to be utilized in physical therapy interventions across the lifespan will be presented.

**Credits:** 3

**Department:** [Physical Therapy](#)